

Enjoy...

16 pure mineral pools
and a large freshwater
family pool with jetted spa.



LOCATED ON THE SCENIC BANKS
OF THE COLORADO RIVER.

IRON MOUNTAIN HOT SPRINGS



History

Iron Mountain Hot Springs has a rich history... dating back to 1896, when travelers came from near and far to soak in the therapeutic thermal mineral waters at the West Glenwood Health Spa.

Over the next 100 years, it changed hands multiple times and also operated as the Wash Allen Bathhouse, the Gamba Mineral Springs, the Glenwood Health Spa, the Fort Defiance Bathhouse and the Iron Springs Spa.

You can enjoy the same benefits of relaxing in the riverside hot springs pools today, with modern-day amenities you'll appreciate.

Getting Here

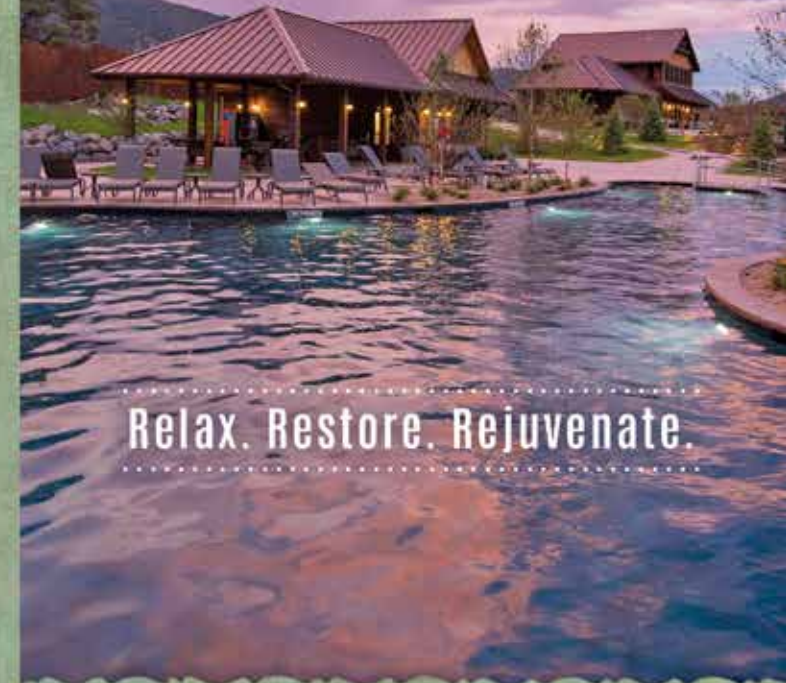
DRIVING DISTANCES
Denver: 160 miles, 3 hours
Grand Junction: 90 miles, 1.5 hrs
Aspen: 45 miles, 1 hour
Vail: 60 miles, 1 hour
Go to visitglenwood.com
for lodging options



Open Daily 9am - 10pm
281 Centennial
Glenwood Springs, CO 81601

IRON MOUNTAIN HOT SPRINGS

GLENWOOD SPRINGS, COLORADO



Relax. Restore. Rejuvenate.



970.945.IRON (4766)
ironmountainhotsprings.com

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1 Bathhouse and Gift Shop

Your visit begins in our mountain-style bathhouse. Here, you can purchase tickets; shop for special gift items such as swimsuits, pool accessories, clothing and gifts; and prepare for your soak in our beautifully appointed locker rooms.



2 Thermal Mineral Pools

Step outside the bathhouse and into one of sixteen soaking pools filled with pure, untreated thermal mineral water. A quiet zone surrounds these pools, which are open to those 5 years and older, to ensure a peaceful setting. Each pool is a little different, with temperatures ranging from 98 to 108°F, and all are tucked into the riverbank with mountain views that soothe and inspire.



3 Family Pool

The family pool is designed to keep everyone happy, with fresh water that's kept at approximately 93°F. A gently curving ramp provides accessibility. Parents can watch their kids play from a jetted spa, kept at about 103°, that rests on the edge of the family pool with the calming sounds of a waterfall in the background.

PRICING OPTIONS

Day Passes, Annual Passes and Seasonal Passes are available. Visit our website for more information, and be sure to follow us on Facebook for special offers and package deals.

OPEN DAILY 9AM TO 10PM

Morning hours are the best time for a quiet, relaxing soak.



4 Rejuvenation Station

Enhance your experience and boost the health benefits of soaking in pure, hot mineral water by cooling off at the Rejuvenation Station in between soaks.



5 Sopris Cafe

Enjoy outdoor dining on the covered patio, with a cozy fireplace for winter warmth. Menu includes salads, wraps, flatbread pizza and smoothies. Beer, wine and pre-mixed cocktails are also available.